

AWARENESS WORKSHOPS & TEACHER TRAINING

Teachers see it first. We'll help you know *what to do next*.

Awareness sessions and training that help educators and parents recognise the early signs that a child is struggling to settle — and know what to do about them.



A teacher notices before anyone else does.

A child who can't sit through a story, finds transitions overwhelming, or struggles to take turns — a teacher sees it every day. With the right awareness, those observations become the first step toward real support. The early years, roughly ages 2 to 8, are the most responsive window a child has.

WHAT THE TRAINING GIVES EDUCATORS

Recognise

The early signs that a child may need support — speech and language, attention, behaviour, sensory differences.

Understand

The difference between typical variation in development and a child who is genuinely struggling.

Know what to do

Including how to raise a concern with parents constructively, without alarm and without labelling.

Support

Children in the classroom with practical strategies, while specialist help is arranged.

Teachers never diagnose.

The training helps educators **recognise** and **refer**. Diagnosis is the work of clinicians — and that is exactly where we take it from there.

Two sessions. One *shared understanding*.

1

Teacher training for early identification

Hands-on training on recognising developmental and behavioural signs — speech and language, attention, behaviour, sensory differences — with practical classroom strategies teachers can use the next morning.

2

Awareness sessions for parents & teachers

Building shared understanding of child development, the common early signs, and how to support a child who is finding school difficult — so parents and teachers are having the same conversation.

WHY IT MATTERS FOR THE SCHOOL

- Earlier identification means earlier, easier support
- A credible whole-child, inclusive-education story
- A clear referral pathway when a child needs specialist help
- Teachers confident and supported, not managing alone
- Higher parent satisfaction and trust
- A staff room that shares one language for development

PARTNERSHIP & REFERRAL

Schools that identify a child needing support can refer them to Cadabam's CDC for assessment and intervention — the full School Readiness Programme, or individual therapy: speech, occupational therapy, psychology, special education, behavioural. A CDC professional can visit your school, or sessions can be arranged to suit.

WHO WE ARE

Cadabam's CDC — three decades of clinical expertise, 5+ centres across Bengaluru, and a multidisciplinary team: clinical psychologists, child & adolescent counsellors, speech-language and occupational therapists, special educators, behavioural therapists, child psychiatrists, developmental paediatricians and paediatric neurologists.

Have us run a session at your school.

Preschools, nurseries and Montessori schools across Bengaluru — around our JP Nagar and Kanakapura Road centres and beyond. We can come to you, or host the conversation. We'll work out what suits you.

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