

From Struggling-to-Settle to *Classroom Success.*

Collaborative, clinical-backed programmes for preschool & Montessori-aged children (2–6) — helping every child build the foundations to settle, participate, and thrive at school.

THE THREE PROGRAMMES AT A GLANCE

	1	2	3
	School Readiness & Early Intervention <i>"Building strong foundations for classroom success."</i>	GrowSmart Developmental Screening <i>"Every child grows differently. Now you'll know how yours does."</i>	Awareness Workshops & Teacher Training <i>"Early understanding. Right support."</i>
WHO IT'S FOR	Children aged 2–6 who struggle to settle — can't sit still, school refusal, speech delay, sensory or behavioural difficulties.	Whole classes, ages 2–6 — or specific children a teacher has flagged.	Principals, teachers and parents — the adults who see a child every day.
WHAT YOU GET	Skill-building in communication, social skills, emotional regulation, attention and independence — then reintegration into the same classroom.	A clinician-approved growth report for every child, with home activities.	Early-identification training for teachers, awareness sessions for parents, and a clear referral pathway.
HOW IT WORKS	The child attends CDC 1–3 hrs a day, then reintegrates gradually.	Parents complete a ~30-minute screen on a phone; clinicians review and report. No curriculum change.	A CDC professional comes to your school, or sessions are arranged to suit.

The goal is not labelling children.
The goal is early understanding.

School + Parent + Professionals = better outcomes. Every programme on this page is designed to be run alongside the school day you already have.

The early years are the most *responsive window* a child will ever have.

Between the ages of two and eight, a child's brain is at its most adaptable. Early, structured support — given at the right time, in the child's own environment — leads to the best outcomes. Waiting rarely makes a difficulty smaller.

WHAT CHANGES WHEN A SCHOOL ACTS EARLY

- Better classroom participation
- Improved emotional wellbeing — calmer, less anxious children
- Teachers genuinely supported, not left to manage alone
- Reduced behavioural concerns — aggression, biting, turn-taking
- Stronger learning foundations — attention and focus
- An inclusive-education reputation and higher parent satisfaction

WHO WE ARE

India's trusted leader in mental health and rehabilitation.

Three decades of clinical expertise and a full multidisciplinary team under one roof — psychologists, counsellors, speech-language and occupational therapists, special educators, behavioural therapists, child psychiatrists, developmental paediatricians and paediatric neurologists.



3 decades of expertise

5+ Bengaluru centres

Multidisciplinary team

THE COLLABORATION MODEL

School + Parents + Professionals = *Better outcomes*

Want this for your school? Let's talk.

Preschools, nurseries, Montessori & schools across Bengaluru — including around our JP Nagar and Kanakapura Road centres.

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