

School Readiness & Early Intervention Programme

Building strong foundations for *classroom success*.

A collaborative programme that helps children aged 2–6 who find it hard to settle at school build the skills they need — and return to the **same classroom** with confidence.



If this sounds familiar...

- Can't sit through a story or a conversation
- Separation anxiety at drop-off
- Overstimulated by a busy, noisy room
- Aggressive or biting behaviour
- School refusal, or anxious about going to school
- Speech delay or difficulty communicating
- Finds sharing, turn-taking or playing with others hard
- Withdraws rather than joins in

A busy classroom can feel overwhelming — **not because a child isn't capable**, but because they need the right support at the right time.

School readiness is *beyond academics*.

These are the five foundations a child needs in order to participate and thrive in a classroom.

Communication

Social skills

Emotional
regulation

Attention &
participation

Independence

Why early support matters

The early years — roughly ages 2 to 8 — are the most responsive window for development. Early, structured support leads to better classroom participation, fewer behavioural concerns, improved emotional wellbeing and stronger learning foundations.

Three steps, one *classroom*.

1

Awareness workshops & teacher training

We train teachers to spot the early signs and run awareness sessions for parents, so a child who is struggling is noticed early rather than late.

2

Developmental screening — GrowSmart

A whole class, or specific children, are screened. A clinician-reviewed report explains how each child is developing and guides the next step.

3

Readiness intervention & reintegration

The child attends Cadabam's CDC for one to three hours a day, building skills with our team — then gradually reintegrates into the same school: half-day, full-day, settled.

THE COLLABORATIVE MODEL

School + Parents + Professionals =
Better outcomes

Occupational therapy · speech therapy ·
psychology · special education · counselling —
one team around one child.

WHO IT'S FOR

Preschool, nursery and Montessori children aged 2–6 who need help settling, participating or building confidence — and support reintegrating into their own school. Available around our **JP Nagar** and **Kanakapura Road** centres, and expanding.

WHAT CHANGES

- Better classroom participation
- Reduced behavioural concerns
- Calmer, less anxious children
- Stronger attention and focus
- Teachers supported, not left alone
- Higher parent satisfaction and trust

Want to help a child settle and thrive at school? Let's talk.

We can also come to your school, or host an awareness conversation for your parents and teachers.

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